

Course Title: Developmental Psychology

Course Number: Psychology 100

Course Description

A study of normal human growth and psychological development from conception through old age. An exploration of the changes in a person's behaviour that are a result of the interdependent and interactive effects of maturation and experience. Psychological concepts, theories and methodology will be examined in relation to developmental tasks and processes.

Facilitation of Learning

The course will include discussions, seminars, observations, audio-visual presentations and lectures.

Text

"Developmental Psychology Today", C.R.M. Books, 1971

Evaluation System

Course Paper		15%
Participation	seminars	10%
Quizzes		10%
Mid-term exam		15%
Observations		25%
Final Exam		25%

Unit Outline

- Unit I: Overview of Development;
Psychological Concepts, Methodology and Measurement.

Text: pages 3 to 83 and 518 to 529

- A. The Meaning, Concept and Mechanisms of Development
 - Developmental psychology: methods, data, theories and uses.
 - Phases of development
 - Biological and sociocultural factors
 - Sociocultural norms and individual variation
 - Learning

B. Psychological Concepts, Methodology and Measurement

- Perception, motivation and learning
- Psychological observation, scientific methods and measurement
- Basic statistical concepts

C. Prenatal Development and the World of the Newborn Child

- Conception, stages of prenatal development and the birth process
- Heredity and genetic factors
- Environmental influences and prenatal behaviour
- Characteristics, capabilities and adaptation of the newborn
- Theorists of developmental change

Unit II: The Infant's First Two Years

Text: pages 89 to 175

- Physical, perceptual, intellectual, social and emotional development
- Development of speech and language
- Characteristic developmental tasks and stages
- Mother-child interaction and differing parental styles
- Freud's theory of psychosexual development

Unit III: The Preschool Years

Text: pages 181 to 255

- Characteristic developmental tasks and stages
- Physical growth
- Perceptual, cognitive, language and personality development
- Piaget's theory of cognitive development

- Social development within the family and with peers
- Erik Erikson's theory

Unit IV: Later Childhood

Text: pages 257 to 339

- Characteristic developmental tasks and stages
- Intellectual, personality and moral development
- Piaget's theory of intellectual development
- Kohlberg's theory of moral development
- Maladjustment in childhood and its correction
- Normality - Abnormality
- Maladjustment as learned behaviour

Unit V: Adolescence and Youth

Text: pages 343 to 445

A. Adolescence

- Characteristic developmental tasks
- Physical and emotional changes
- Psychological reactions to physical change
- Sexual roles and attitudes
- Psychological growth and socialization
- Identity and the self-society relationship
- Family and peer group influences
- Cases of adolescent development
- Developmental crises and anxiety

B. Youth

- Characteristic psychological and developmental tasks
- An issue: ambivalent relationship between self and society.

Unit VI; Adulthood, Aging and Death. Epilogue: An Integrated Perspective of the Life Cycle

Text: pages 447 to 517

A. Adulthood

- Characteristic psychological and developmental tasks
- Personality and intellectual change
- Continuing growth versus maladjustment
- Self-actualization and the growth process - Maslow's and Rogers' theories

B. Aging

- Characteristic psychological and developmental tasks
- Biological and social determinants
- Changes in goals
- Crises and problems of late life
- Facing death: the final developmental task

^{c*} Epilogue: An integrated perspective of the Life Cycle